

# Fly's & Thighs

DATA SHEET



**Target Areas:** Upper Back, Abdominals, Shoulders, Chest, Arms, Buttocks, Hips, Inner and Outer Thighs.

Firms inner and outer thighs, helps improve and shape the chest and shoulder areas and increases mobility in the hip and shoulder joints.

Upper body performs an upright fly exercise targeting the pectorals, and a rowing exercise for the shoulder muscles, especially targeting the posterior deltoid. Simultaneously legs are performing exercises for both abductor and adductors, toning hips and thighs.

**Features Include:**

- Dual function of upper extremity and lower extremity
- Upright design for easy access and space effectiveness
- Power assisted (plug and play installation)
- Standard 4.3" touch screen console unit with manual and programme options
- Available in a wide range of colours



# Technical Specification

Dimensions	
Width	130cm
Length	119cm
Height	153cm
Electrical Specification	
Voltage	220V/240V (110V-USA)
Amps	3 Amps
Plug Cable Length	1.5 metre
Upholstery	
Side Panels	High impact resistant ABS plastic
Covers	Flame retardant vinyl, resistant to moisture and bacteria EN 1021-&2



**easytone** **POWER ASSISTED EXERCISE**



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