

# Flys & Thighs

DATA SHEET



**Target Areas:** Hip, Shoulder, Pectoral, Posterior Deltoid, Thigh.

The Fly's & Thighs helps improve mobility within the hip and shoulder joints, increases muscle strength in the pectoral and posterior deltoid whilst simultaneously exercising both abductor and adductors, improving strength.

**Features Include:**

- Dual function of both upper & lower extremity
- Power assisted (plug and play installation)
- Standard 4.3" touch screen console unit with manual and programme options
- Available in a wide range of colours



# Technical Specification

Dimensions	
Width	150cm
Length	190cm
Height	95cm
Electrical Specification	
Voltage	220V/240V (110V-USA)
Amps	3 Amps
Plug Cable Length	1.5 metre
Upholstery	
Side Panels	High impact resistant ABS plastic
Covers	Flame retardant vinyl, resistant to moisture and bacteria EN 1021-&2



**powertone** POWER ASSISTED EXERCISE



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