

Hipster

DATA SHEET



Target Areas: Hip, Buttocks, Lower Back.

This is a great exercise for the hips and buttocks facilitating the movement known as Swim Kicks. The exerciser is gently put through alternate prone hip extensions, this will also provide a gentle lower back exercise. Perform this exercise whilst squeezing buttocks together, lie on stomach and support head on crossed arm.

Features Include:

- Dual function of both upper & lower extremity
- Power assisted (plug and play installation)
- Standard 4.3" touch screen console unit with manual and programme options
- Available in a wide range of colours



Technical Specification

Dimensions	
Width	88cm
Length	195cm
Height	95cm
Electrical Specification	
Voltage	220V/240V (110V-USA)
Amps	3 Amps
Plug Cable Length	1.5 metre
Upholstery	
Side Panels	High impact resistant ABS plastic
Covers	Flame retardant vinyl, resistant to moisture and bacteria EN 1021-&2



powertone POWER ASSISTED EXERCISE



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