

shapemaster®
POWER ASSISTED EXERCISE

Side Bend Stepper

DATA SHEET

Target Areas: Waist, Hips, Abdominals, Arms, Shoulders, Legs, Buttocks, Lower Back.

Exercise for major muscle groups (both upper and lower extremity), works the heart and lungs helping to raise energy levels and increase oxygen supply to the cells. Helps to improve co-ordination.

Can be used with the Shapemaster Leg Abductor Cushion.

Features Include:

- Dual function of both upper & lower extremity
- Upright design for easy access and space effectiveness
- Power assisted (plug and play installation)
- Standard 4.3" touch screen console unit with manual and programme options
- Available in a wide range of colours



easytone POWER ASSISTED EXERCISE

Technical Specification

Dimensions	
Width	114cm
Length	125cm
Height	147cm
Electrical Specification	
Voltage	220V/240V (110V-USA)
Amps	3 Amps
Plug Cable Length	1.5 metre
Upholstery	
Side Panels	High impact resistant ABS plastic
Covers	Flame retardant vinyl, resistant to moisture and bacteria EN 1021-&2



easystone **POWER ASSISTED EXERCISE**



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