

shapemaster®  
POWER ASSISTED EXERCISE

# Tummy Crunch

DATA SHEET

**Target Areas:** Abdominals, Lower Back, Buttocks  
Hips, Legs, Waist.

Multifunctional machine which exercises the abdominals and lower back whilst mobilising both hip and knee joint and buttocks.

**Features Include:**

- Dual function of upper extremity and lower extremity
- Upright design for easy access and space effectiveness
- Power assisted (plug and play installation)
- Standard 4.3" touch screen console unit with manual and programme options
- Available in a range of colours



easytone POWER ASSISTED EXERCISE

# Technical Specification

Dimensions	
Width	105cm
Length	152cm
Height	124cm
Electrical Specification	
Voltage	220V/240V (110V-USA)
Amps	3 Amps
Plug Cable Length	1.5 metre
Upholstery	
Side Panels	High impact resistant ABS plastic
Covers	Flame retardant vinyl, resistant to moisture and bacteria EN 1021-&2



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