



POWER ASSISTED EXERCISE

Transforming Retirement Living

ABOUT US

For over 20 years Shapemaster, based in Holmfirth, West Yorkshire, has continued to develop and manufacture power assisted exercise equipment. Our new generation exercise suites are designed to increase access to exercise, improve fitness and overall wellbeing for the over 55s.

Shapemaster is established in the Leisure, Care Home, Hospitality and Rehabilitation sectors. We are now bringing this expertise to the new generation of exercisers living independently in age-exclusive Retirement Villages.

THE MESSAGE TO YOUR CUSTOMERS IS CLEAR:

We care about a healthy and independent lifestyle for you.

HOW DOES IT WORK?

Shapemaster provides an instinctive exercise circuit that gives a full-body workout in a 30 to 40 minute session.

Each machine provides low-impact exercise for different parts of the body, stimulating muscles and improving circulation.

The gearing mechanism enables users of different abilities to benefit from movement and strengthening. Each station is dual-functional, for example Chest and Legs, improving core strength, mobility and balance.

Strengthening exercises and movement help long-term health conditions such as post-stroke and arthritis, whilst cardio mode can manage obesity and diabetes.

With all the health and wellbeing benefits, exercise becomes a social pleasure with Shapemaster.



OUR EQUIPMENT

Create an exercise suite of 6 to 12 stations from our range of 15 machines. You can see the full range of our machines by visiting shapemaster.co.uk

EASYTONE

A range of 10 seated, sociable exercise stations each working complementary joint and muscle groups.

POWERTONE

New generation toning tables that introduce a flexible workout and Pilates exercises.



WHAT OUR EXERCISERS SAY



"Continued use of Shapemaster combined with healthy eating has definitely improved my fitness and flexibility."



"Shapemaster is extremely gentle and I enjoyed the whole experience. My lower back hasn't felt so good in years."



"Shapemaster has helped me to lose weight and has given me a more confident post-stroke mobility."



"Shapemaster is 50% exercising our bodies and 50% exercising our mouths!"

OUR SUITES

Our suites vary in size to accommodate your needs and available space. Varying from 6 to 12 exercise stations in spaces from 30sqm to 60 sqm.



BUILT FOR YOU

Add the finishing touches to your new suite by personalising it with your company logo and colours.



GOLD



SILVER



SAFRAN



SISAL



LAVENDEL



PINK



JADE



BUCHE

Plus other colours available





FOR MORE INFORMATION

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